

# 10k LLRW

Line Through = Disqualified

Place	Bib #	Name	Time (Chip Time)	Pace	Type	Division
1	2860	Lawson, Adrian	00:34:50.656 (00:34:50.656)	5:34	Run	(M) 30-39
2	2856	Jongsma, Aaron	00:39:08.170 (00:39:08.170)	6:16	Run	(M) 30-39
3	2848	Carnahan, Riley	00:40:17.926 (00:40:17.926)	6:27	Run	(M) 10-19
4	1625	Aglor, Gord	00:40:33.670 (00:40:32.733)	6:29	Run	(M) 50-59
5	1617	Stegenga, Henry	00:41:29.056 (00:41:28.103)	6:38	Run	(M) 40-49
6	2864	Morrison, Patrick	00:44:06.686 (00:44:04.750)	7:03	Run	(M) 10-19
7	2845	Brooks, Tyler	00:44:35.683 (00:44:26.253)	7:07	Run	(M) 20-29
8	2858	Kondo, Sarah	00:44:38.190 (00:44:34.510)	7:08	Run	(F) 30-39
9	2866	Schonemann, Blake	00:45:00.376 (00:45:00.236)	7:12	Run	(M) 30-39
10	2841	Baetz, Nicholas	00:46:01.950 (00:45:56.770)	7:21	Run	(M) 20-29
11	2877	Wolfe, Tom Thea	00:46:14.203 (00:46:14.203)	7:24	Run	(M) 50-59
12	2846	Buchnea, Adam	00:46:17.693 (00:46:11.763)	7:23	Run	(M) 20-29
13	2847	Carnahan, Liam	00:47:51.050 (00:47:48.113)	7:39	Run	(M) 10-19
14	2870	Slamen, Alexander	00:47:52.950 (00:47:52.013)	7:40	Run	(M) 10-19
15	2863	Mclean Ross, Barbara	00:48:20.376 (00:48:19.796)	7:44	Run	(F) 40-49
16	2844	Bondo, Jesus	00:49:16.200 (00:49:10.770)	7:52	Run	(M) 20-29
17	2854	Harvey, Richard	00:49:17.433 (00:49:13.300)	7:52	Run	(M) 30-39
18	2843	Beacham, Caroline	00:52:45.873 (00:52:44.436)	8:26	Run	(F) 20-29
19	2871	Slamen, Kevin	00:52:47.463 (00:52:46.776)	8:27	Run	(M) 50-59
20	2872	Thomas, Shanika	00:52:48.210 (00:52:42.780)	8:26	Run	(F) 20-29
21	2861	Legaspi, Benedict	00:53:20.460 (00:53:17.773)	8:32	Run	(M) 20-29
22	2849	Ciprietti, Jessica	00:54:06.966 (00:54:01.096)	8:39	Run	(F) 20-29
23	2869	Simmonds, Heather	00:54:06.966 (00:54:01.346)	8:39	Run	(F) 20-29
24	2876	Wedeles, Julia	00:56:29.963 (00:56:21.703)	9:01	Run	(F) 20-29
25	2853	Harvey, Lindsay	00:56:32.220 (00:56:23.790)	9:01	Run	(F) 30-39
26	2873	Thomas, Steven	00:56:48.723 (00:56:43.230)	9:04	Run	(M) 50-59
27	2852	Gysbers, Rachel	00:58:47.720 (00:58:42.290)	9:24	Run	(F) 20-29
28	2842	Baetz, Rachelle	00:58:55.983 (00:58:50.553)	9:25	Run	(F) 20-29
29	2855	Harvey, Sheri	00:59:10.220 (00:59:06.023)	9:27	Run	(F) 30-39
30	2875	Vromans, Marlene	1:07:06.740 (1:06:58.310)	10:43	Run	(F) 50-59
31	2862	Marks, Karen	1:07:12.256 (1:07:07.560)	10:44	Run	(F) 50-59
32	2850	De Souza, Anna	1:07:49.993 (1:07:49.993)	10:51	Run	(F) 30-39

Place	Bib #	Name	Time (Chip Time)	Pace	Type	Division
33	2851	De Souza, Lee	1:07:50.243 (1:07:46.313)	10:51	Run	(M) 30-39
34	2840	Anderson, Marilyn	1:11:03.760 (1:11:00.406)	11:22	Run	(F) 50-59

# 5k LLRW

Line Through = Disqualified

Place	Bib #	Name	Time (Chip Time)	Pace	Type	Division
1	1769	Wilson, Murray	00:17:17.836 (00:17:16.993)	5:32	Run	(M) 20-29
2	1689	Foran, Gabrielle	00:18:30.020 (00:18:28.926)	5:55	Run	(F) 20-29
3	1663	Blair, Joshua	00:19:32.520 (00:19:30.676)	6:14	Run	(M) 20-29
4	1626	Kelly, Alannah	00:19:41.426 (00:19:40.583)	6:18	Run	(F) 20-29
5	1619	Root, Paul	00:19:55.216 (00:19:55.216)	6:22	Run	(M) 50-59
6	1706	Heeringa, Jeremy	00:20:24.523 (00:20:24.523)	6:32	Run	(M) 30-39
7	1732	Nielsen, Michael	00:20:42.530 (00:20:42.530)	6:37	Run	(M) 30-39
8	1684	Drummond, Graham	00:21:39.276 (00:21:37.806)	6:55	Run	(M) 20-29
9	1722	Mackay, Sandy	00:22:30.820 (00:22:21.733)	7:09	Run	(M) 20-29
10	1683	Drummond, Fraser	00:22:38.276 (00:22:36.496)	7:14	Run	(M) 20-29
11	1667	Britnell, Rick	00:22:49.783 (00:22:47.940)	7:17	Run	(M) 40-49
12	1675	Cassar, Anka	00:22:57.043 (00:22:51.456)	7:19	Run	(F) 40-49
13	1665	Britnell, Aidan	00:22:58.280 (00:22:56.686)	7:20	Run	(M) 10-19
14	1656	Ashley, Kelsey	00:23:01.783 (00:22:55.446)	7:20	Run	(F) 20-29
15	1737	Parlette, Vanessa	00:23:02.700 (00:23:00.106)	7:22	Run	(F) 30-39
16	1719	Laman, Edward	00:23:11.216 (00:23:08.623)	7:24	Run	(M) 40-49
17	1720	Lu, Clara	00:23:32.776 (00:23:31.840)	7:32	Run	(F) 20-29
18	1766	Wastle, George	00:24:00.086 (00:24:00.086)	7:41	Run	(M) 10-19
19	1672	Brush, Tyler	00:24:00.530 (00:23:52.443)	7:38	Run	(M) 20-29
20	1688	Falcone, Phillip	00:24:00.703 (00:24:00.360)	7:41	Run	(M) 20-29
21	1742	Sawka, Kevin	00:24:08.783 (00:24:02.446)	7:41	Run	(M) 20-29
22	1751	Slamen, Eric	00:24:15.783 (00:24:15.440)	7:46	Run	(M) 10-19
23	1709	Ireland, Ronnie	00:24:17.546 (00:24:11.210)	7:44	Run	(M) 20-29
24	1714	Jorritsma, David	00:24:55.780 (00:24:40.433)	7:54	Run	(M) 30-39
25	1702	Hartman, Kevin	00:25:00.910 (00:25:00.910)	8:00	Run	(M) 20-29
26	1755	Stoner, Michael	00:25:06.836 (00:24:59.500)	8:00	Run	(M) 20-29
27	1710	James, Brandon	00:25:07.303 (00:25:05.286)	8:02	Run	(M) 30-39
28	1717	Kenny, Alan	00:25:08.540 (00:25:06.446)	8:02	Run	(M) 20-29
29	1658	Baker, Jeff	00:25:13.026 (00:25:05.440)	8:02	Run	(M) 30-39
30	1771	Zalot, Lindsay	00:25:18.543 (00:25:10.423)	8:03	Run	(F) 20-29
31	1735	Ottaway, Aaron	00:25:23.466 (00:25:15.630)	8:05	Run	(M) 20-29
32	1659	Barber, Josiah	00:25:25.293 (00:25:19.956)	8:06	Run	(M) 10-19

Place	Bib #	Name	Time (Chip Time)	Pace	Type	Division
33	1708	Hildebrandt, Mark	00:25:28.286 (00:25:21.200)	8:07	Run	(M) 10-19
34	1668	Brooks, Gary	00:25:32.556 (00:25:32.556)	8:10	Run	(M) 50-59
35	1669	Broome, Ethan	00:25:35.413 (00:25:31.326)	8:10	Run	(M) 10-19
36	1768	Wheaton, Tina	00:25:41.786 (00:25:36.073)	8:12	Run	(F) 20-29
37	1655	Ashley, Ab	00:25:42.163 (00:25:35.326)	8:11	Run	(M) 50-59
38	1730	Murchie, Maria	00:25:43.570 (00:25:26.973)	8:08	Run	(F) 30-39
39	1666	Britnell, Kim	00:25:50.040 (00:25:48.196)	8:15	Run	(F) 40-49
40	1695	Gruneberg, Kari	00:25:54.480 (00:25:54.480)	8:17	Run	(F) 20-29
41	1767	Wheaton, Kyle	00:26:05.796 (00:25:58.960)	8:19	Run	(M) 20-29
42	1693	Grundy, Brian	00:26:07.793 (00:26:03.206)	8:20	Run	(M) 50-59
43	1682	Deketele, Irene	00:26:18.406 (00:26:10.070)	8:22	Run	(F) 40-49
44	1724	Magee, Michael	00:26:26.583 (00:26:11.486)	8:23	Run	(M) 40-49
45	1621	Ellis, Jody	00:26:28.080 (00:26:24.986)	8:27	Run	(F) 50-59
46	1687	Ellerker, Derek	00:26:29.390 (00:26:24.663)	8:27	Run	(M) 30-39
47	1762	Trumpickas, Vanessa	00:26:30.720 (00:26:22.383)	8:26	Run	(F) 30-39
48	1748	Sicard, Janice	00:26:33.296 (00:26:30.453)	8:29	Run	(F) 50-59
49	1744	Schenk, Mike	00:26:59.300 (00:26:49.713)	8:35	Run	(M) 30-39
50	1681	Dehaan, Stephanie	00:27:13.466 (00:27:03.800)	8:39	Run	(F) 20-29
51	1662	Blackmore, April	00:28:00.800 (00:27:45.686)	8:53	Run	(F) 30-39
52	1745	Scott, Tanya	00:28:01.056 (00:27:50.970)	8:54	Run	(F) 30-39
53	1712	Jensen, Virginia	00:28:01.310 (00:27:50.723)	8:54	Run	(F) 20-29
54	1725	Mason, Mariana	00:28:04.773 (00:27:56.920)	8:56	Run	(F) 40-49
55	1757	Sweet, David	00:28:15.376 (00:28:12.783)	9:01	Run	(M) 50-59
56	1671	Brush, Cassandra	00:28:33.306 (00:28:25.720)	9:06	Run	(F) 20-29
57	1741	Salfarlie, Chelsea	00:28:33.556 (00:28:25.970)	9:06	Run	(F) 20-29
58	1747	Shore, Whitney	00:28:33.806 (00:28:25.970)	9:06	Run	(F) 20-29
59	1713	Jongsma, Michelle	00:28:54.886 (00:28:41.906)	9:11	Run	(F) 30-39
60	1754	Stoner, Amanda	00:28:55.306 (00:28:55.306)	9:15	Run	(F) 30-39
61	1765	Vukelich, Victor	00:28:56.700 (00:28:40.103)	9:10	Run	(M) 30-39
62	1628	Mccluskey, Brian	00:29:04.556 (00:29:02.213)	9:17	Run	(M) 60-69
63	1660	Behm, Daniel	00:29:12.336 (00:29:01.296)	9:17	Run	(M) 10-19
64	1752	Spencer, Calla	00:29:12.556 (00:29:09.946)	9:20	Run	(F) 30-39

# 5k LLRW

Line Through = Disqualified

Place	Bib #	Name	Time (Chip Time)	Pace	Type	Division
65	1676	Cordery, L	00:29:31.796 (00:29:24.960)	9:24	Run	(M) 60-69
66	1733	Nikolic, Zorka	00:29:46.306 (00:29:35.970)	9:28	Run	(F) 30-39
67	1758	Thomas, Caitlin	00:30:05.306 (00:29:50.610)	9:33	Run	(F) 20-29
68	1763	Vanarragon, Brian	00:30:06.046 (00:30:02.210)	9:37	Run	(M) 30-39
69	1743	Sawka, Rebekah	00:30:10.556 (00:30:03.470)	9:37	Run	(F) 20-29
70	1728	Meikle, Christy	00:30:17.053 (00:29:59.956)	9:36	Run	(F) 30-39
71	1651	Abdelrahman, Sarah	00:30:30.050 (00:30:17.213)	9:41	Run	(F) 20-29
72	1686	Ebrahim, Sajad	00:30:38.560 (00:30:37.966)	9:48	Run	(M) 20-29
73	1694	Grundy, Kyle	00:30:56.953 (00:30:52.163)	9:53	Run	(M) 10-19
74	1632	Visscher, Anna	00:31:07.110 (00:30:54.273)	9:53	Run	(F) 20-29
75	1727	Mctaggart (Drummond), Alicia	00:31:07.313 (00:30:54.523)	9:53	Run	(F) 20-29
76	1764	Vizcaino, Jhony	00:31:17.556 (00:31:01.960)	9:56	Run	(M) 40-49
77	1691	Ford, Scott	00:31:22.553 (00:31:11.216)	9:59	Run	(M) 40-49
78	1679	Deane, Julie	00:31:25.313 (00:31:16.726)	10:00	Run	(F) 30-39
79	1729	Melnichuk, Rachelle	00:31:31.160 (00:31:24.480)	10:03	Run	(F) 20-29
80	1673	Buchnea, Michelle	00:31:32.050 (00:31:24.463)	10:03	Run	(F) 20-29
81	1630	Hartman, Andrea	00:31:33.286 (00:31:24.060)	10:03	Run	(M) 20-29
82	1680	Deane, Paul	00:31:36.083 (00:31:26.793)	10:04	Run	(M) 40-49
83	1726	Matthews, Lorraine	00:31:52.560 (00:31:41.673)	10:08	Run	(F) 40-49
84	1692	Graci, Kris	00:31:53.310 (00:31:53.310)	10:12	Run	(F) 50-59
85	1623	Dzugala, Jessica	00:31:53.386 (00:31:42.050)	10:09	Run	(F) 30-39
86	1618	Fusilier, Laura	00:32:01.536 (00:31:52.200)	10:12	Run	(F) 20-29
87	1678	Davies, Erin	00:32:01.786 (00:31:52.700)	10:12	Run	(F) 20-29
88	1723	Madden, Keri	00:32:24.053 (00:32:19.496)	10:20	Run	(F) 40-49
89	2859	Laity, Shannon	00:32:26.910 (00:32:18.010)	10:20	Run	(M) 50-59
90	1699	Gysbers, Sarah	00:32:28.816 (00:32:23.980)	10:22	Run	(F) 20-29
91	1657	Attalla, Rana	00:32:34.306 (00:32:21.220)	10:21	Run	(F) 20-29
92	1703	Harvey, Leah	00:32:34.400 (00:32:27.720)	10:23	Run	(F) 10-19
93	1698	Gysbers, Rebecca	00:32:46.510 (00:32:41.296)	10:28	Run	(F) 10-19
94	1739	Redden, Lesley	00:33:24.556 (00:33:20.220)	10:40	Run	(F) 40-49
95	1690	Ford, Michelle	00:33:40.570 (00:33:29.733)	10:43	Run	(F) 40-49
96	1700	Hamilton, Bradley	00:33:51.566 (00:33:47.980)	10:49	Run	(M) 0-9

Place	Bib #	Name	Time (Chip Time)	Pace	Type	Division
97	1701	Hamilton, Steve	00:33:51.566 (00:33:48.230)	10:49	Run	(M) 40-49
98	1631	Crouch, Janet	00:33:59.093 (00:33:43.246)	10:47	Run	(F) 50-59
99	1759	Thomas, Dena	00:34:11.226 (00:33:56.793)	10:52	Run	(F) 40-49
100	1674	Carnahan, Margot	00:34:12.563 (00:33:56.716)	10:52	Run	(F) 50-59
101	1740	Rutherford, Paul	00:34:35.810 (00:34:19.526)	10:59	Run	(M) 50-59
102	1653	Anderson, Sheila	00:34:42.320 (00:34:38.233)	11:05	Run	(F) 50-59
103	1620	Pacelli, Katia	00:36:16.576 (00:36:05.630)	11:33	Run	(F) 40-49
104	1696	Gysbers, Gerry	00:38:21.820 (00:38:16.733)	12:15	Run	(M) 50-59
105	1711	Jeffrey, Joan	00:39:24.076 (00:39:20.826)	12:35	Run	(F) 40-49
106	1629	Marshall, Chris	00:39:25.603 (00:39:07.756)	12:31	Run	(F) 50-59
107	1707	Hildebrandt, Irene	00:39:50.520 (00:39:43.306)	12:43	Run	(F) 50-59
108	1721	Lucas, Rachel	00:40:05.080 (00:39:47.563)	12:44	Run	(F) 20-29
109	1685	Duguay, Krista	00:40:10.083 (00:40:04.996)	12:49	Run	(F) 30-39
110	1750	Siskos, Shana	00:40:10.273 (00:40:05.186)	12:50	Run	(F) 30-39
111	1761	Toffner, Tania	00:40:19.106 (00:39:56.516)	12:47	Run	(F) 40-49
112	1670	Broome, Ron	00:41:04.333 (00:40:59.246)	13:07	Run	(M) 40-49
113	1697	Gysbers, Margaret	00:43:19.276 (00:43:11.860)	13:49	Run	(F) 50-59
114	1664	Bowen, Carolyn	00:44:06.843 (00:43:59.006)	14:04	Run	(F) 40-49
115	1652	Anderson, Darren	00:46:00.926 (00:45:47.590)	14:39	Run	(M) 30-39
116	1661	Black, Janet	00:47:11.593 (00:47:02.006)	15:03	Run	(F) 50-59
117	1624	Black, Rob	00:47:11.843 (00:47:02.506)	15:03	Run	(M) 50-59
118	1677	Cordery, Linda	00:48:11.603 (00:47:54.006)	15:20	Run	(F) 50-59
119	1716	Kaminski, Kyle	00:53:08.733 (00:53:08.733)	17:00	Run	(M) 20-29
120	1760	Thompson, Bernardine	1:00:06.380 (1:00:03.286)	19:13	Run	(F) 60-69

# 1k LLRW

Line Through = Disqualified

Place	Bib #	Name	Time	Pace	Type	Division
1	2913	Stegenga, Carter	00:03:17.586	N/A	Run	(M) 11-15
2	2882	Barber, Micah	00:03:38.343	N/A	Run	(M) 11-15
3	2892	Gringhuis, Emma	00:03:41.086	N/A	Run	(F) 11-15
4	2904	Ljucovic, Cole	00:03:42.716	N/A	Run	(M) 6-10
5	2908	Moran, Claire	00:03:54.840	N/A	Run	(F) 6-10
6	2906	Moran, Ally	00:03:59.846	N/A	Run	(F) 11-15
7	2886	Dailey, Olivia	00:04:00.620	N/A	Run	(M) 6-10
8	2878	Anderson, Emme	00:04:03.006	N/A	Run	(F) 6-10
9	2887	Deane, Dalton	00:04:03.870	N/A	Run	(M) 6-10
10	2901	Jongsma, Jack	00:04:04.686	N/A	Run	(M) 6-10
11	2895	Harvey, Kyla	00:04:05.046	N/A	Run	(F) 6-10
12	2907	Moran, Anna	00:04:09.450	N/A	Run	(F) 6-10
13	2893	Gringhuis, Isaac	00:04:11.090	N/A	Run	(M) 6-10
14	2905	Ljucovic, Keith	00:04:11.246	N/A	Run	(M) 6-10
15	2879	Anderson, Hailey	00:04:12.826	N/A	Run	(F) 6-10
16	2880	Anderson, Jade	00:04:15.590	N/A	Run	(F) 11-15
17	2888	Deane, Jake	00:04:16.910	N/A	Run	(M) 6-10
18	2884	Cassar, Paul	00:04:18.603	N/A	Run	(M) 6-10
19	2890	Dumont, Austin	00:04:22.896	N/A	Run	(M) 6-10
20	1622	Laman, Nellie	00:04:36.906	N/A	Run	(F) 6-10
21	2894	Gringhuis, Olivia	00:04:46.096	N/A	Run	(F) 6-10
22	2911	Robinson, Thomas	00:04:57.156	N/A	Run	(M) 6-10
23	2881	Anderson, Nathaniel	00:04:59.096	N/A	Run	(M) 6-10
24	2902	Jorritsma, Anneka	00:05:07.843	N/A	Run	(F) 6-10
25	2916	Stoner, Noah	00:05:19.553	N/A	Run	(M) 6-10
26	2900	Jongsma, Emmaline	00:05:29.706	N/A	Run	(F) 0-5
27	2896	Heeringa, Grover	00:06:10.600	N/A	Run	(M) 0-5
28	2897	Heeringa, Jackson	00:06:47.566	N/A	Run	(M) 6-10
29	2903	Jorritsma, Logan	00:06:47.690	N/A	Run	(M) 6-10
30	2883	Cassar, Andelina	00:06:50.726	N/A	Run	(F) 6-10
31	2915	Stoner, Cole	00:07:03.820	N/A	Run	(M) 0-5
32	2914	Stoner, Cole	00:07:04.100	N/A	Run	(M) 0-5
33	2891	Dumont, Sophie	00:07:18.963	N/A	Run	(F) 0-5
34	2910	Robinson, Brooke	00:08:51.910	N/A	Run	(F) 0-5
35	1627	Robinson, Ashley	00:08:55.873	N/A	Run	(F) 0-5
36	2885	Croswell, Amelia	00:08:58.110	N/A	Run	(F) 0-5
37	2912	Smith, Nathan	00:09:27.546	N/A	Run	(M) 0-5
38	2919	Vizcaino, Sofia	00:09:31.823	N/A	Run	(F) 0-5
39	2899	Hennessey, Tea	00:09:39.073	N/A	Run	(F) 0-5
40	2898	Hennessey, Finley	00:09:48.103	N/A	Run	(F) 6-10
41	2920	Weishar, Will	00:10:06.446	N/A	Run	(M) 0-5
42	2889	Drummond, Isla	00:10:28.866	N/A	Run	(F) 0-5

Place	Bib #	Name	Time	Pace	Type	Division
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